

Dr. Rudo Nyamapfumba, LCSW-S

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Education

Doctor of Social Work: Capella University, February, 2020

Research: End of Life Care in African Americans: Understanding how spirituality affects African Americans' perceptions of Hospice

Master's in Social Work: Advanced Practice Leadership, Texas State University, December, 2016

Bachelor of Arts, Kansas Wesleyan University, May, 2014

Honors

Outstanding MSW Advanced Practice Leadership Student Award, 2016

Phi-Alpha National Honors Society, 2016

Alpha Chi National Honors Society, 2016

Kansas Wesleyan Student Hall of Fame Award, 2014

Cum Laude, 3.50+ Grade Point Average, 2014

Kansas Wesleyan University, President's Honor Roll, 2012-2014

Kansas Wesleyan University, Dean's Honor Roll, 2012-2014

Kansas Wesleyan University, Star Student Ambassador of the Month, 2012

Professional Experience

Medical Social Worker/Best Practice Specialist, July 2022-present

Accentcare Hospice

- End of life care support to patients and families
- Participate as a member of the interdisciplinary team and in the development and review of the plan of care for assigned patients
- Assess the social, spiritual, and emotional needs/factors in order to estimate the patient's and involved caregiver's capacity and potential to cope with the problems of daily living and with the terminal diagnosis and illness
- Case management and coordination of care and linking to resources available to patients
- Assist the core members of the hospice team in understanding significant social, spiritual and emotional factors related to the patient's health problems to establish a plan of care that fosters the personal worth, spiritual well-being, and human dignity of each patient.

Per Course Instructor, August 2021-present

Texas State University School of Social Work

- Deliver course instruction in accordance to program requirements
- Develop course content, curriculum and lesson plans as needed to meet the requirements of each course

Lead Psychotherapist, February 2021- July 2022

Baylor Scott and White Mental Health Specialty Clinic

- Engage in assessment, diagnosis and treatment for different mental health disorders
- Conduct individual, group and family psychotherapy, utilizing effective psychotherapeutic techniques consistent with physician prescriptions, direction and goals established for the patient benefit.
- Collaborate patient care with psychiatrist to ensure best patient outcomes and meet patient goals.
- Provide clinical supervision to mental health professionals including signing documentation for pre-licensed staff
- Oversee clinic functions in regional mental health clinics in the Austin and surrounding area

- Collaborate with leadership and advocate for providers to ensure best practice outcomes.
- Coordinate and provide opportunities for consultations with providers to review productivity goals and other metrics for patient care
- Provide workshops and opportunities for learning and development for providers to keep up with research based practices.

Medical Social Worker, March 2020- March 2021

Texas Home Health Hospice

- Engage in assessment to identify psychosocial, financial, environmental and community needs of patients and follow up with appropriate interventions and referrals to community resources.
- Educate patients and families on end-of-life care, stages of grief and also assist with advanced directives and funeral planning.
- Collaborate with the interdisciplinary team to promote coordination of care to meet patient needs.
- Provide emotional support and counseling to patients and families for anticipatory grief and emotional adjustment to end-of-life.

MSW Field Placement Coordinator, August 2019-March 2021

Tulane University School of Social Work (Stay in the Game)

- Provide direct support to students, including information and guidance on potential field placement sites, interview process and preparation.
- Coordinate with student success coaches to establish student goals and assess readiness for placement.
- Serve as liaison between the university and placement sites to establish partnerships for student success.

Director of Social Services, August 2017- March 2020

Hearthstone Skilled Nursing Health Center

- Perform assessment, diagnosis and treatment for residents with mental or emotional disorders at admission, upon change of condition, and/or annually; create, review and update care plan and progress notes
- Serve as resident rights advocate to better quality of life in the elderly who cannot advocate for themselves.
- Provide LMSW supervision for current Bachelors and Masters in Social Work students during their on site field placement.
- Assist resident's family in coping with placement in a skilled nursing facility, physical illness, disabilities of the resident, and the grieving process
- Coordinate resident visits with outside services - dental, optical, etc.
- Work with the resident, family and other team members to plan discharge
- Conduct in-service programs to educate staff regarding psychosocial issues and resident rights.

PRN Therapist, April 2017- June 2019

Georgetown Behavioral Institute

- Provide group and individual therapy to patients struggling with different mental health illnesses such as suicidal and homicidal ideation through utilization of different therapeutic approaches.
- Facilitate family therapy sessions to discuss goals of care for patient and provide needed support.
- Work together with multi-disciplinary treatment team to better treatment outcomes for the patients

Assistant Director of Social Services, February 2017- August 2017

Stonebriar Nursing and Rehab Center

- Perform assessment, diagnosis and treatment for residents with mental or emotional disorders at admission, upon change of condition, and/or annually; create, review and update care plan and progress notes
- Assist resident's family in coping with placement in a skilled nursing facility, physical illness, disabilities of the resident, and the grieving process
- Coordinate resident visits with outside services - dental, optical, etc.
- Work with the resident, family and other team members to plan discharge
- Conduct in-service programs to educate staff regarding psychosocial issues and resident rights.

Psychotherapist Assistant, August 2016- December 2016

Baylor Scott & White Clinic, Round Rock

- Provided end of life care for patients and their families and helped with end of life planning through advanced directives
- Conducted and documented psycho-social assessments and evaluations.
- Worked together with healthcare team to ensure best care for patient
- Conducted benefits assessments and linked patients to community resources to meet their needs
- Provided anticipatory grief counseling to patients in need
- Provided patients and families with knowledge and skills needed to cope with challenges that may come from chronic illnesses.
- Assessed patients and provided intervention accordingly

Graduate Assistant, January 2015-December 2016

Texas State University School of Social Work

- Conducted research projects related to management of social work organizations by assisting in conducting literature searches
- Helped professors with class related tasks such as material preparation and grading

Director of Youth Ministries, December 2014- December 2016

Elgin First United Methodist Church

- Started a youth program for the church and the community to create a safe environment for youth within the community.
- Facilitate extra-curricular activities for children from low-income communities and serve as a mentor to tackle adolescent issues such as bullying, identity crisis and self-esteem.

Juvenile Case Manager Intern, August 2015- December 2015

Travis County Justice of the Peace Precinct 3

- Co-facilitated a parenting group for male inmates at Travis County Correctional Complex.
- Case management for elementary, middle and high school students struggling with truant behavior and providing resources needed by their families.

Director of Family Life and Education Ministries, December, 2013- December, 2014

Fredonia First United Methodist Church

- Identified and recruited potential volunteer workers
- Directed a community after school program for kids aged 4-13
- Organized community events for special needs children
- Hosted Youth Leadership Training Sessions to encourage participation with different educational programs in the community
- Select appropriate curricula or class structures for educational programs
- Hosted Vacation Bible School and Recruited Volunteers for the week
- Planned mission trips for the Youth

- Interpret religious education activities to the public through speaking, leading discussions and writing articles for publication.

Kansas Wesleyan University Student Tutor, January, 2012- December, 2013

- Tutored 25+ Students in different areas of difficulty
- Worked with course professors to figure out ways to reach out to students with different learning disabilities.

Kansas Wesleyan Student Ambassador, January, 2012-December, 2013

- Lead 30+ Campus Tours for different prospective students
- Lead various campus activities engaging prospective students in the campus
- Recruited students through visits and phone calls

Christian Education Student Intern, January, 2012-December, 2013

- Coordinated a 5 day Vacation Bible school for over 90 children across the state of Kansas.
- Lead a team of interns throughout the camp to ensure smooth function of program.

Activities Coordinator, Project Transformation OKC, May-August 2010; May-August 2011

- Planned afternoon activities for a summer camp for children from low-income communities

RESEARCH

Understanding how spirituality impacts African American's perceptions of hospice:
Appreciative Inquiry, Capella University, 2020

LICENSES

Licensed Clinical Social Worker, Texas, 63673

ASSOCIATIONS

National Association of Social Workers, July 2020- present

Center for Small Membership Churches, Kansas West Conference, January 2012-May, 2014

- Lead Vacation Bible School student team in over 9 small towns in Kansas over two summers
- Reached out to 300+ children from different backgrounds
- Facilitated a Leadership Training Retreat for 20 Youths all over Kansas

International Aid Connection Ministries Coordinator, January, 2012-May, 2014

United Methodist Kansas West Conference

- Facilitated a children's project that helped build a water well at Old Mutare Mission in Zimbabwe, Africa
- Directed a children's project that collected 5000+ pencils and delivered them to Fairfield Orphanage in Zimbabwe, Africa
- Helped establish partnership between different United Methodist Women (USA) groups and Zimbabwe Methodist Women groups and raised funds to sewing machines to empower women in need
- Guest Speaker for different small community groups and also large women conferences to raise awareness of poverty and how we can make a difference
- Zimbabwean Student Delegate for the Kansas West Annual conference 2012
- Helped lead a planning team for "Salina Save the Starving" Numana event that packaged over 80000 meals to send to the Honduras.

Leadership And Community Experience

References available upon request.